# 10 small ways to reduce your carbon footprint



## **Reduce Energy**

Wash your clothes at 30°C to save energy and money.



30°c

2 Switch off devices when not in use or on standby to reduce your energy bills.



Turning your heating down by 1°C and using timers will cut your energy usage.



## Reduce, Reuse, Repair and Recycle

Think, do you really need more items that will one day end up as landfill?



Can you reuse, donate, upcycle or repair an item before throwing it away?



Check before throwing items into your wheelie bin. Some items can be recycled in your green bag instead.



## **Shop Second-Hand**

Shop from second-hand online sites or your local charity shops. Donate or sell unwanted items of clothing.

# **Travel Smart**

8 Walk or ride a bike instead of driving. For longer distances take public transport.



#### **Reduce Food Waste**

9 Use your black food caddy to dispose of food waste to avoid it going to landfill.



#### **Eat Less Meat**

Try swapping some weekly meals from meat to vegetarian or vegan instead.





Scan for energy advice



Scan for Climate Emergency Hub





Scan for recycling advice



Scan for travel advice (MyJourney)