

Friendship Alliance

PROMOTING FRIENDSHIP IN WOKINGHAM BOROUGH



Welcome Friend, to the Friendship Alliance's newsletter sharing local activities, groups, events, and services.

11 January 2023

Events

Warm Spaces - Wokingham Borough Council

These are places you can go to keep warm and get support through the winter - available to all members of the community

When: Various days/times - please see link below

Where: Venues throughout Wokingham Borough including all libraries - please see link below

Contact: warmspaces@wokingham.gov.uk

Cost: Free

Find Out More

Meet the Nutritionist - New Habits for 2023 - Wokingham Library

Free talk with Nutritional Therapist

When: Thursday 12 January 14:00 - 15:30

Where: Wokingham Library, Carnival Hub, Wellington Rd, Wokingham RG40 2AF

Contact: 0118 978 1368 / libraries@wokingham.gov.uk

Cost: Free

Find Out More

Cancer Support Network - MacMillan Catch Up

Find out more about the Macmillan information centre at the Royal Berkshire Hospital and have a general catch-up.

When: Thursday 19 January from 14:00 - 16:00

Where: Online

Contact: 01344 304404 / vickie.randall@involve.community

Cost: Free for members

Find Out More

Cancer Support Network - Introductory Session - Quantum Flow

Find out more about Quantum Flow to help you restore a sense of balance in your body and build your inner strength and vitality

When: Wednesday 25 January from 10:30 - 11:30

Where: Charity and Community Hub, Waterford House, Ertstadt Court Wokingham RG40 2AY

Contact: 01344 304404 / vickie.randall@involve.community

Cost: Free for members

Find Out More

Groups & Services

Salvation Army Lunch Club

When: Thursdays from 12:30

Where: Salvation Army, Sturges Rd, Wokingham, RG40 2HD

Contact: 07786 957195 / marina.brain@salvationarmy.org.uk

Cost: £3.50 for 2 courses and refreshments - please book minimum of 24 hours in advance

Cribbage Club - Wokingham Library

When: 1st and 3rd Friday from 10:30 – 12:00

Where: Wokingham Library, Carnival Hub, Wellington Rd, Wokingham RG40 2AF

Contact: 0118 978 1368 / libraries@wokingham.gov.uk

Cost: Free

Find Out More

Age Concern Twyford District & District Day Care

Activities, quizzes, talks and entertainment

When: Current availability on Monday, Tuesday, Thursday & Friday from 10:00 – 15:00

(Lunch at 12:30)

Where: Age Concern Twyford & District, Polehampton Close, Twyford, RG10 9RP

Contact: Debs on 0118 934 4040

Cost: Membership £25/year (starts in April)

£39/day - £19.50/half day - £7 meal

Find Out More

WADE Day Care Centre

Lunch, activities and opportunity to socialise - respite care also available

When: Open Monday to Friday 09:00 - 16:00

Where: WADE Day Centre, 40 Reading Road, Wokingham, RG41 1EH

Contact: 0118 978 7025

Cost: Annual Membership £20/year, day charge from £40 (depending on care requirements,) two course meal £7.50

Find Out More

IT Skills for Work - Wokingham Adult Education Service

When: Thursdays 12 January - 9 February (4 week course) 10:00 - 12:30

Where: Wokingham Library, Carnival Hub, Wellington Rd, Wokingham RG40 2AF

Contact: 07785 314603 / adulteducation@wokingham.gov.uk

Cost: £30 or free for those on universal credit / jobseekers allowance / low income - apply online

[Find Out More](#)

Building Confidence to get back to work and volunteering - Wokingham Adult

Education Service

When: Mondays 16 January - 6 February (4 week course) 10:00 - 11:30

Where: Online via Zoom

Contact: 07785 314603 / adulthoodeducation@wokingham.gov.uk

Cost: Free

[Find Out More](#)

Sing For Yourself - Runs Term Times

When: Mondays from 13:00 - 14:30

Where: St Mary the Virgin Church Hall, Church Close, Winnersh, RG41 5NA

When: Tuesdays from 12:30 - 14:00

Where: Arborfield Village Hall, Eversley Road, Arborfield Cross, RG2 9PQ

When: Thursdays from 20:00 - 21:00

Where: Gorse Ride Infant School, Gorse Ride South, Finchampstead, RG40 4EH

Contact: 07973 311 580 / soph@singforyourself.co.uk

Cost: £5

[Find Out More](#)

Berkshire Vision - Activities for the Visually Impaired

Activities must be booked at least 5 working days in advance

Wokingham Socialeyes

A local social group with entertainment and food

When: Tuesday 17 January 14:00 - 16:00

Where: Woosehill Community Centre, Wokingham

Contact: 0118 987 2803 / activities@berkshirevision.org.uk

Cost: £2.50 donation + £7.50 towards transport if needed

Ice Skating

When: Thursday 19 January 13:00 - 15:30

Where: Ozone Ice Rink, Bracknell

Contact: 0118 987 2803 / activities@berkshirevision.org.uk

Cost: £11.00 + £7.50 towards transport if needed

Blind Football

When: Friday 27 January 17:00 - 18:00

Where: Reading FC Football Dome

Contact: 0118 987 2803 / activities@berkshirevision.org.uk

Cost: Free + £7.50 towards transport if needed

Find Out More

Crowthorne Community Minibus - for residents of Crowthorne

Gallery Visit

When: Thursday 12 January at 12:30

Where: Sunbury Embroidery Gallery, Sunbury

Contact: 0800 567 7090

Theatre Trip - Teechers Leavers

When: Wednesday 25 January at 18:00

Where: South Hill Park, Bracknell

Contact: 0800 567 7090

Find Out More

Wokingham Recovery College - free mental health and wellbeing courses

Screen Printing Workshop

When: Friday 20 January from 10:00 - 12:00

Where: In Person in Wokingham

Contact: 0118 989 0707 / recoverycollege@wokingham.gov.uk

Cost: Free

Find Out More

Exercise & Health

Love to Move Winter Programme - Age UK Berkshire

A chair-based age and dementia friendly gymnastics programme.

When: Thursday 26 January from 13:30 - 15:00

Where: Charvil Village Hall, Park Lane, Charvil RG10 9TR

Contact: 0118 959 4242 / dementiawokingham@ageukberkshire.org.uk

Cost: Free - book in advance

Find Out More

Dementia Walks Wokingham - Age UK Berkshire

When: Thursdays - 12 January, 9 February, 9 March meet at 10:00

Where: Various locations in Wokingham area

Contact: 0118 959 4242 / dementiawokingham@ageukberkshire.org.uk

Cost: Free - book in advance

Find Out More

KFA Moves Dance - Exercise and Move Class for all ages

When: Tuesdays from 14:00 – 15:00 (restarts 10 January)

Where: Loddon Hall, Loddon Hall Road, Twyford, RG10 9JA

Contact: Janet Waters 07730 468 561 / jwatersassociates@btinternet.com

Cost: £5 per session, pay as you go - first session free

Friendship Tables

Friendship Table Calendar

Monday

9:30 am - 11:30 am

**Arborfield Royal
British Legion**
Eversley Road
Arborfield
RG2 9PR

10:00 am - 1:30 pm

Cafe Refresh
Salvation Army
Sturges Road
Wokingham
RG40 2HD

10:00 am - 4:00 pm
Craft at the Cowshed

Hurst Grove
Sandford Lane
Hurst
RG10 0SQ

10:30 am - 12:30 pm

Pop-in Club
Hannen Room, St Mary's Church
Station Road
Wargrave
RG10 8EU

12:30 pm - 2:00 pm

Share Shinfield
Shinfield Baptist Church
1 Fairmead Rd
Shinfield
RG2 9DL

12:30 pm - 2:30 pm

T & C at Share
Norreys Church
Norreys Ave
Wokingham
RG40 1UU

1:30 pm - 3:00 pm

(2nd Monday of the month)

Cameo
St Bartholomew's Church Hall
Church Lane
Arborfield
RG2 9JD

1:30 pm - 3:30 pm

Four Seasons Art & Crafts
Woodley Baptist Church
Hurricane Way
Woodley
RG5 4UX

Tuesday

10:00 am - 12:00 pm

Board Games Cafe
St Nicolas Church
Sutcliffe Ave
Earley
RG6 7JN

10:00 am - 12:00 pm

FBC Centre Cafe
Gorse Ride North
Finchampstead
RG40 4ES

10:00 am - 1:00 pm

Cameo Lunch Club
Woodley Baptist Church
Hurricane Way
Woodley
RG5 4UX

10:00 am - 12:00 pm
(3rd & 4th Tuesday of month)

CLASP
The Bradbury Centre
Rose St
Wokingham
RG40 1XS

2:00 pm - 3:00 pm

**Earley CResCent
Resource Centre**
Warbler Drive
Earley
RG6 4HB

2:00 pm - 3:30 pm
(2nd & 4th Tuesday of month)

Tea and Chat
St Mary and St John Parish
Centre, Vicarage Close
Finchampstead
RG40 4JW

2:30 pm - 4:00 pm

The Welcome Cafe
Hannen Room, St Mary's Church
Station Road
Wargrave
RG10 8EU

Wednesday

10:00 am - 12:00 pm
Coffee Morning

Woodley Baptist Church
Hurricane Way
Woodley
RG5 4UX

10:00 am - 2:00 pm

St Michael's Cafe
St Michael & All Angels
Basingstoke Road
Spencers Wood
RG7 1AP

10:00 am - 1:30 pm

Cafe Refresh
Salvation Army
Sturges Road
Wokingham
RG40 2HD

10:00 am - 4:00 pm

Craft at the Cowshed
Hurst Grove
Sandford Lane
Hurst
RG10 0SQ

10:00 am - 11:30 am
(Fortnightly)

The Sunflower Club
Rainbow Community Centre
Rainbow Park
Winnersh
RG41 5SG

10:30 am - 3:00 pm

Coffee Corner
Swallowfield Parish Hall
Davies Room, Swallowfield St
Swallowfield
RG7 1QX

11:00 am - 12:00 pm

Cafe Mosaic
The Bradbury Centre
Rose St, Wokingham
RG40 1XS

2:00 pm - 4:00 pm

Open Door
Brookside Church
Brookside Close
Earley
RG6 7HG

3:00 pm - 5:00 pm

**Online Friendship
Cafe via Zoom**



Contact: jayne@linkvisiting.org or call 07464 834 949

Friendship Table Calendar

Thursday

10:00 am - 11:45 am
Coffee Morning
Shinfield Baptist Church
1 Fairmead Rd
Shinfield
RG2 9DL

10:00 am - 12:00 pm
Social Seniors Tea & Coffee
Spencers Wood Pavilion
Clares Green Road
Spencers Wood
RG7 1DY

10:00 am - 12:00 pm
A Place to Meet
Salvation Army
Sturges Road
Wokingham
RG40 2HD

12:00 pm - 2:00 pm
Lunch Club
The Bradbury Centre
Rose St
Wokingham
RG40 1XS

2:00 pm - 4:00 pm
Re:Fresh Wellbeing Cafe
Trinity Church
9 Chalfont Close
Earley
RG6 5HZ

3:00 pm - 4:00 pm
(Last Thursday of the month)
Friendship Cafe
Alexandra Grange Care Home
Oaklands Drive, Molly Millars Lane
Wokingham
RG41 2RU

**Friendship
Alliance**

PROMOTING FRIENDSHIP IN WOKINGHAM BOROUGH



v2

Friday

10:00 am - 12:00 pm
Re:Fresh Cafe
St Nicolas Church
Sutcliffe Ave
Earley, RG6 7JN

10:00 am - 1:30 pm
Cafe Refresh
Salvation Army
Sturges Road
Wokingham, RG40 2HD

12:00 pm - 4:00 pm
Warm Fridays
St Mary's Church Hall
Church Lane
Shinfield, RG2 9BY

10:00 am - 4:00 pm
Craft at the Cowshed
Hurst Grove
Sandford Lane
Hurst, RG10 0SQ

10:30 am - 12:00 pm
Coffee Morning
Acorn Community Centre Cafe
Fernlea Drive
Woosehill, RG41 3DR

12:00 pm - 2:00 pm
Community Club
Arborfield Village Hall
Eversley Road
Arborfield Cross, RG2 9PQ

12:30 pm - 2:00 pm
(1st Friday of the month)
Friday Lunch Club
The Cornerstone
Norreys Ave
Wokingham, RG40 1UE

12:30 pm - 2:30 pm
T & C at Share
Norreys Church
Norreys Ave
Wokingham, RG40 1UU

1:45 pm - 4:00 pm
Coffee & Chat
St Paul's Parish Rooms
Reading Road
Wokingham, RG41 1EH

2:15 pm - 4:00 pm
S.N.A.C.
St Nicolas Church
Sutcliffe Ave
Earley, RG6 7JN

Saturday

9:00 am - 4:00 pm
Monday to Saturday
Pinewood Bar and Cafe
Unit 8 Pinewood Leisure Centre
Old Wokingham Road
Wokingham Without
RG40 3AQ

11:00am - 12:00 pm
(2nd Saturday of the month)

Sip & Share
Woosehill Church
32 Chestnut Ave
Via Northway
Woosehill
RG41 3RS

*What is a
Friendship Table?*

*It's a community
space where you'll
have a warm
welcome and
someone to chat to.*



**Contact: jayne@linkvisiting.org
or call 07464 834 949**

If you know of any groups, services or events and would like us to promote them in our newsletter, let us know!

jayne@linkvisiting.org
07464 834 949

Brought together by these local charities:



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Our mailing address is:

The Charity and Community Hub, Waterford House, Erfstadt Court
Wokingham, RG40 2YF

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